

# NABA

NUOVA ACCADEMIA  
DI BELLE ARTI

# SUMMMER COURSES

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**A.Y. 2025-26**  
**SYLLABUS**

Fashion design 1

1<sup>st</sup> session: June 30<sup>th</sup> – July 10<sup>th</sup> 2026

2<sup>nd</sup> session: July 14<sup>th</sup> – July 24<sup>th</sup> 2026

3<sup>rd</sup> session: July 28<sup>th</sup> – August 7<sup>th</sup> 2026

[www.naba.it](http://www.naba.it)



# Fashion design 1

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*Address:* Via Darwin 20, 20143 Milan, Italy

*Phone:* + 39.02.973.192 *E-mail:* [summer@naba.it](mailto:summer@naba.it)

*Course Structure:* 45 hours – 9 lesson days

*ECTS:* 3 ECTS credits\*

Introductory level

\*ECTS credits only awarded to university students or participants who are completing or have completed a university or academic study path

## **COURSE DESCRIPTION**

Participants will be introduced to an overview of the Italian fashion system and will learn the fundamental steps of fashion project development, from concept to realization.

The course covers essential skills including:

- the creation of moodboards and concept development;
- basic fashion sketching with emphasis on silhouette design;
- capsule collection design;
- introductory technical drawing;
- selection of materials and textile manipulations;
- color palette development.

Through hands-on practice and guided research, participants will acquire the foundational tools necessary to conceptualize and visualize a fashion collection.

## **COURSE OBJECTIVES**

The final portfolio will contain moodboards, inspirational research, print and pattern research, final sketches, fabric samples and a capsule collection.

## **ADMISSION REQUIREMENTS**

This course is intended for students who have no background in fashion and for students who are attending or will attend their first year of university studies in art and design.

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## **OUTPUT**

Participants will produce a final portfolio, and a personal sketchbook.

Through this course, participants will learn how to plan and develop a fashion collection from initial research to professional output.

Participants will also acquire the fundamentals of fashion sketching and technical drawing.

## **LIST OF MATERIALS AND TOOLS**

- Laptop
- The Academy will provide most basic materials. Participants may supplement these with additional materials for their personal projects upon the professor's request.

## **ATTENDANCE POLICY**

Class attendance is required for successful completion of the course. Attendance will be taken every class period. On the last day of classes, instructors will issue a Certificate of successful attendance only to all students who completed at least 80% of the course.

## **COURSE POLICY**

The Faculty of NABA takes Academic integrity seriously. Instances of academic dishonesty such as plagiarism won't be tolerated. Mobile phones will be kept switched off all the time during class. Use of laptop during classes for personal purposes is forbidden.

## **TEACHING METHODS**

Learning by doing: a mix of theoretical lessons, field trips and practical workshops. The course will be held in the tailoring laboratory, with guidance provided by the Academy's technical staff.

## **Contacts**

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## Grading

Total number of ECTS assigned for the successful completion of the course: 3 ECTS

### GRADING SYSTEM

GRADING WEIGHTS	GRADING SCALE				
1. Attendance 30%	Excellent = 90-100				
2. Participation and creative process 40%	Good = 80-89				
3. Final work / final presentation 30%	Average = 70-79				
TOTAL 100%	Below Average = 60-69				
	Poor = 59 or below				
	EXCELLENT 90 -100%	GOOD 80 – 89%	AVERAGE 70 – 79%	BELOW AVERAGE 60 – 69%	POOR BELOW 60%
Attendance (30%)	On time, perfect attendance	Seldom late: attended between 95% and 90 % of the course	Occasionally late: attended between 90 % and 85 % of the course	Occasionally late: attended between 85% and 80% of the course	Frequently late, attended less than 80% of the course: <b>FAILED</b>
Participation and Creative Process (40 %)	Demonstrates strong understanding of the topic & thorough, creative research	Shows good grasp of the topic & good research	Exhibits average comprehension of the topic & average research	Shows some awareness of the topic & below average awareness of research	Has shallow insight into the topic & poor grasp of research
Original Project (Final work/ Final presentation) (30%)	Exhibits exceptional analysis of concepts & production of original proposal	Exhibits exceptional analysis of concepts & production of original proposal	Exhibits average analysis of concepts & production of original proposal	Exhibits below average analysis of concepts & production of original proposal	Exhibits poor analysis of concepts & production of original proposal

## Contacts

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1<sup>st</sup> week

## COURSE SCHEDULE\*

DAY		LESSON-SUBJECT
Day 1 - Tuesday	NABA Staff	Welcome and Registration <ul style="list-style-type: none"><li>• Introduction to the course;</li><li>• What is a fashion project?</li></ul>
Day 2 - Wednesday		<ul style="list-style-type: none"><li>• Launch of the project theme.</li><li>• Brainstorming.</li><li>• Dividing students into teams.</li><li>• Presentation and discussion on the project topics.</li></ul>
Day 3 - Thursday		<ul style="list-style-type: none"><li>• Macro-research: how to start collection plan.</li><li>• Fashion sketching and body proportions.</li><li>• First ideas + mood board research + sketchbook.</li></ul>
Day 4 - Friday		<ul style="list-style-type: none"><li>• <i>*Field Trip.</i></li></ul>

\*The Academy reserves the right to:

- amend or cancel courses, change course location or substitute course leaders, professors, guests, visits location;
- make any changes that in our absolute discretion we consider necessary or appropriate for reasons of operational efficiency or due to any other circumstances that are beyond our control.

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## 2<sup>st</sup> week

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### COURSE SCHEDULE\*

DAY	LESSON-SUBJECT
Day 5 - Monday	<ul style="list-style-type: none"><li>• The development of a fashion collection and its relations with artistic inspirations.</li><li>• Collection development.</li></ul>
Day 6 - Tuesday	<ul style="list-style-type: none"><li>• Collection development.</li></ul>
Day 7 - Wednesday	<ul style="list-style-type: none"><li>• Collection development.</li><li>• first graphic ideas (book).</li></ul>
Day 8 - Thursday	<ul style="list-style-type: none"><li>• Collection development.</li><li>• Final book.</li></ul>
Day 9 - Friday	<ul style="list-style-type: none"><li>• Final presentation.</li></ul>

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